## OUR HEROIC JOURNEY: STOPS ALONG THE WAY

WRITING PROMPTS -- Choose one experience you have had that you would like to write about and share.

Select one prompt, take five minutes to do a "quick write." When the teacher tells you, turn to a neighbor and take turns reading each other what you wrote. Ask your neighbor one or two questions after hearing their story.

Describe an experience or event you participated in that made you feel more mature and / or wise.

Write about a time you felt you needed to "make a change" in your life.

Describe a time you felt a "lucky charm" made a difference in your life.

Describe a time you wanted to do something, someone stopped you, and you are glad they did.

Describe a time someone pushed you to do something you didn't want to-- but you are now glad they did.

Describe a time you helped someone.

Describe a time you really appreciated someone's help.

Describe someone you respect.

Describe an experience that has given you a new way of looking at life.

Describe a moment when you felt at peace and that everything was "right in the world."

Describe a skill, gift, or talent you have that you can use to help others.

